

HANDOUT: Selected Activity Program Resources

Title	Information	Comments
Designing for Alzheimer's Disease: Strategies for Creating Better Care Environments	Elizabeth C. Brawley, author John Wiley & Sons, Inc.	1997 – A classic text providing examples for best practice for years
Healing Gardens: Therapeutic Benefits and Design Recommendations	Clare Cooper Marcus, author John Wiley & Sons, Inc.	1999 – Inspiring resource for using nature to meet peoples' needs
Creating Successful Dementia Care Settings <i>4 volume set</i>	Margaret P. Calkins, developer and co-author	2001 – Vol. 4 – Enhancing Identity and Sense of Home
Activity Programming for Persons with Dementia: A Sourcebook	Alzheimer's Association	1995 – Excellent discussion of assessment and program set-up; step-by-step implementation
Key Elements of Dementia Care	Alzheimer's Association	Discussion of program focus, plans, care, programming, human resources, and environment
The Best Friends Book of Alzheimer's Activities	Virginia Bell, David Troxell et. al., authors Health Professions Press, Inc. 888-337-8808 www.healthpropress.com	2004 – Emphasizes the 'Best Friends Way' of interacting; good source of ideas and method
A Different Visit: Activities for Caregivers and their Loved Ones with Memory Impairments	Adena Joltin, Cameron Camp, et. al. Myers Research Institute, Menorah Park Center for Senior Living	2005 – 'How-to' manual for meaningful activities; family and staff can benefit; CD contains more info about Montessori-based principles
The Positive Interactions Program of Activities for People with Alzheimer's Disease	Sylvia Nissenboim and Christine Vroman, authors Health Professions Press, Inc.	1998 – Ideas, plus concepts of dementia activity programming
Creating Moments of Joy for the Person with Alzheimer's	Jolene Brackey, author Purdue University Press West Lafayette, Indiana	2000 – Ideas for meaningful interactions; encourages caregivers to think 'out of the box'
Enhanced Activities for Alzheimer's	Jolene Brackey, author Enhanced Moments 888-JOY-3166 www.enhancedmoments.com	Active, rest, and passive activities for high and low functioning residents

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Activity Programming in Long-Term Care	Lynn F. Avery, author Springer Publishing Co., Inc.	1997 – Valuable concepts; not dementia-specific
Doing Things	Jitka M. Zgola, author Johns Hopkins University Press	<i>(Recent edition available)</i> – a classic; dementia-specific; concepts & ideas
Failure-Free Activities for the Alzheimer’s Patient: A Guidebook for Caregivers	Carmel Sheridan, author Cottage Books	<i>(Look for recent edition)</i> – good quick reference
ElderCare Activities Guide	Freiberg Press PO Box 612 Cedar Falls, IA 50613 800-354-3371	Bimonthly magazine/newsletter with ideas & articles
Alzheimer’s Care Guide	Freiberg Press <i>(see above)</i>	Bimonthly magazine with articles, news, and programming ideas
Reading Roundtable	Myers Research Institute Menorah Park Center for Senior Living www.myersresearch.org	Topical books for group reading, discussion, and reminiscence
Montessori-Based Activities for Persons with Dementia	Cameron Camp, editor Menorah Park Center for Senior Living <i>(see above)</i>	1999 – Step-by-step approach to meaningful activities
Alzheimer’s Activities: Hundreds of Activities for Men and Women with AD and Related Disorders	B. J. FitzRay, author Rayve Productions, Inc. Box 726 Windsor CA 95492	2001 – Includes cultural and seasonal ideas; some adaptation may be needed
N.E.S.T Approach: Dementia Practice Guidelines for Disturbing Behaviors	Buettner, Linda & Fizzsimmons, Susan	
Dementia Care My Way	Lanny Butler	
End of Life Nameste Care Program for Persons with Dementia	Simard, Jocye, Baltimore, MD Health Professions Press 2007	Excellent approach for comfort care and approach for late stage dementia
Connections: Engagement in Life for Persons with dementia: A Complete Activities Guide	Phipps, Ellen; Braddock, Barbara; Alzheimer’s Association 2009	Color-coded guidebook for matching activity to current level of function