

CASE STUDY: CRYSTAL

For use with Navigating Loss, Loneliness, and Aging: Reconnecting to Sources of Strength Series

CASE STUDY #3 - Crystal was a healthcare professional at a local adult day center.

She had worked as a nurse at the center for nearly 20 years and was well liked by family, staff, and participants. She was often the first person to meet families, as she was responsible for completing the initial intake.

She was also responsible for scheduling staff shifts and leading staff meetings.

Crystal passed away suddenly: The staff rallied. They cooked food and shared a meal, and they created an award in her honor.

	PRIMARY LOSSES	SECONDARY LOSSES
BOB		
	PRIMARY LOSSES	SECONDARY LOSSES
BARB		

FINDING A “NEW NORMAL”

What center actions or resources would you suggest for Bob? Why these particular resources?

	CENTER ACTIONS	RESOURCES
BIOLOGICAL		
PSYCHOLOGICAL		
SOCIAL		
SPIRITUAL		