

EMERGENCY PREPAREDNESS AND SAFETY

Three-part webinar Series for Adult Day Centers

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PART III:

Responses to Emergencies, Coping with
Emergencies through a Person Centered Approach

At the end of this webinar,
you should be able to:

- Define responses to emergencies including shelter in place and evacuations
- Explore challenges that occur with each of these responses
- Explore solutions for challenges related to both responses
- Explore Participant reactions to emergencies through person centered care

SESSION 3

Learning Objectives

Responses to Emergencies

A. Shelter In Place

Participants/Staff do not leave facility. Resources must be in place to support care of participant's nutrition and physical needs.

B. Building Evacuations

Follow the requirements for the Virginia Statewide Fire Prevention Code and keep drill records on site for one year.

Time OUT!

What challenges would the center, staff, participants, volunteers and families need to be prepared to deal with if your site was directed to **shelter in place**?

Think BIG picture...food, medicine, sleeping quarters, etc.

Now...what challenges would the group need to be prepared to deal with if your site was directed to **relocate**?

1. Utilities

2. Food & Water

3. Staffing

4. Communication

5. First Aid Kit

6. Resident Specific Needs

7. Medications

A. Shelter In Place Challenges

1. Utilities



Electricity



Gas



Telephone



Water/Sewage

2. Food & Water Supplies

ADCC licensing regulations require a plan to provide an emergency meal and a supply of water.

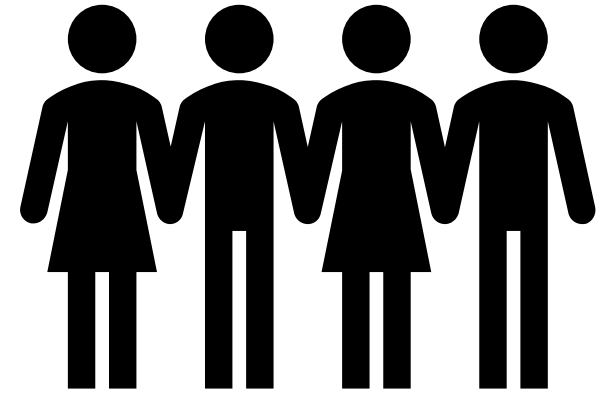
Storing non-perishable snacks and canned meat is highly suggested.

3. Staffing

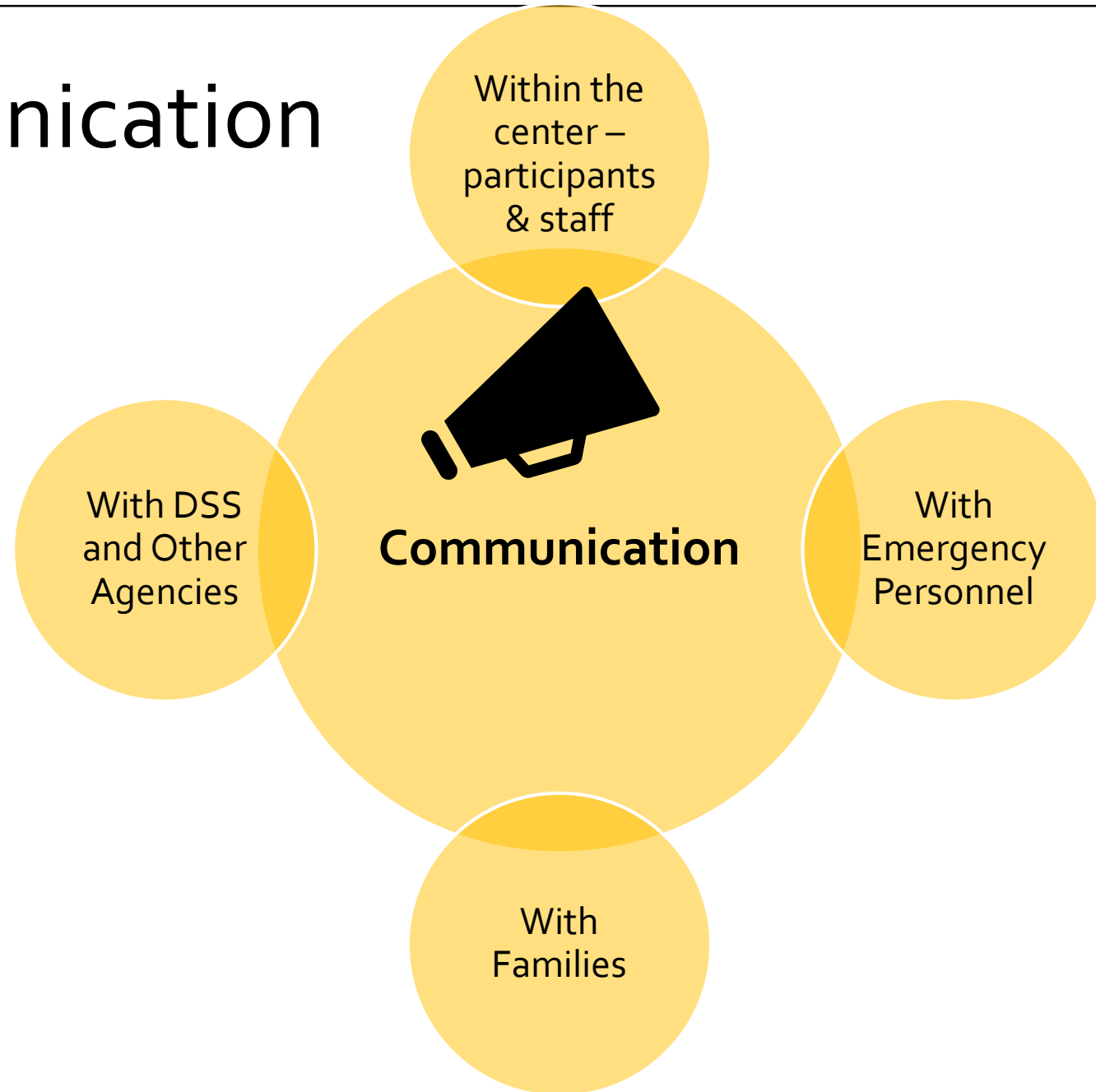
Staff in place may not be able to leave

Relief staff may not be able to get to the center

“Agency” personnel may not be available for relief



4. Communication



5. First Aid Kit

- Complete with all required items
- No outdated items
- Additional kit for vehicles that transport participants
- Annual checks of kits



6. Resident Specific Needs

Oxygen – not a regulation to have backup but is a best practice.

Staffing-adequate 1/6 ratio for ADCC

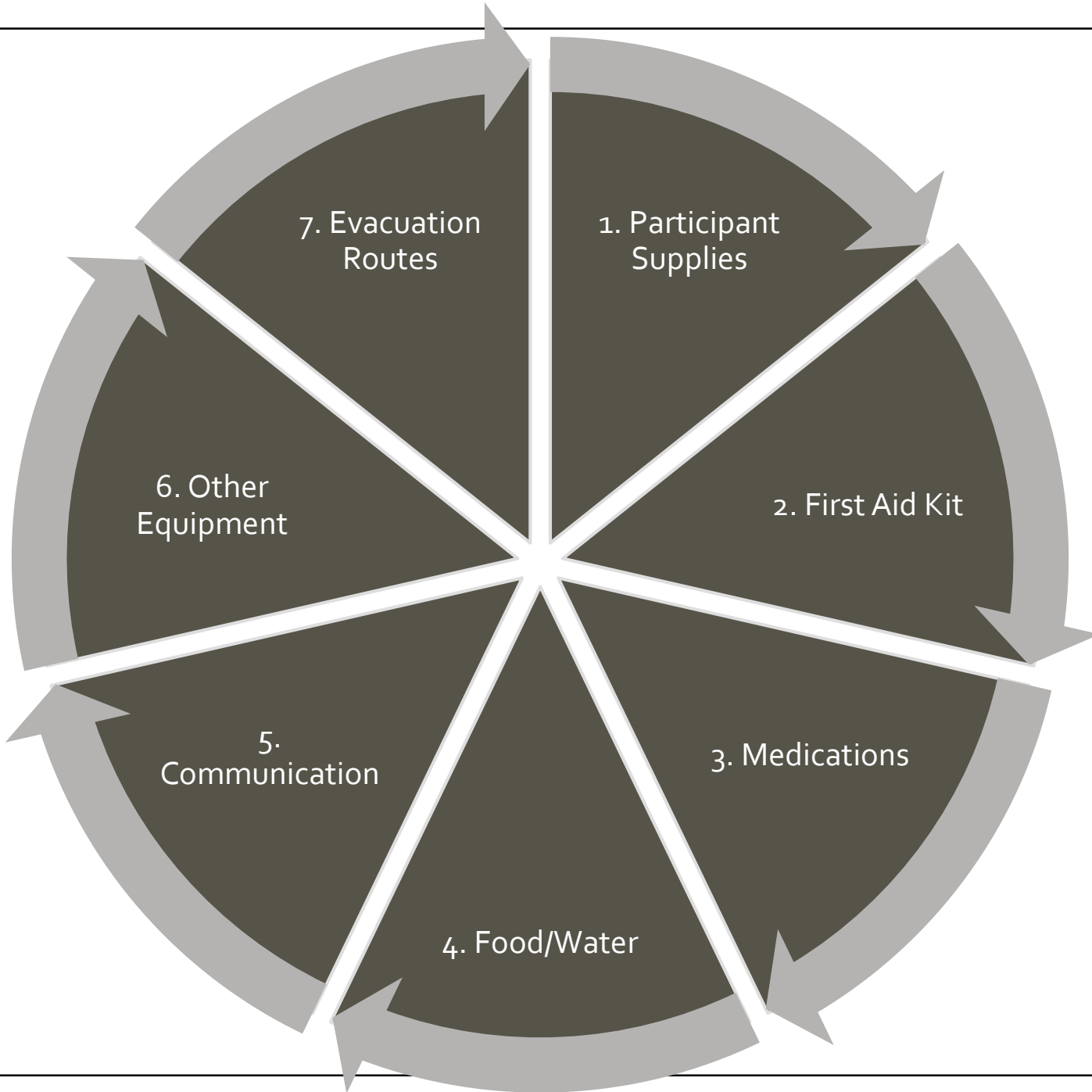
Incontinence Supplies-also best practice to have extra on site

Nutrition-emergency snacks and protein

7. Medications

- Unlike ALF regulations, ADCCs are not mandated to keep medicines on site
- They do need a written policy for medication management, 22 VA 40-60-698
- Verbal phone orders may be necessary if participants are sheltering in place
- Emergency pharmacy contact info on hand





B. Evacuation Challenges

Records

Incontinence
Supplies

Special
Equipment

1. Participant Supplies

2. First Aid Kit/Kits

Required Items per Licensing Regulations

Kits in Vehicles

Monthly Check of Contents

3. Food & Water

- Food supply
- Special diets/restrictions.



**Local
Emergency
Coordinator**

www.vaemergency.gov

**Other Local
Agencies**

Participants

Families

Licensing

Media

4. Communications

5. Evacuation Routes and Site (s)

- Primary evacuation site(s) routes may not be available
- Plan an evacuation route in each direction away from the center.
- Primary evacuation routes may not be available



Maintaining Participant Safety/Meeting Special Needs



Cognitive
Impairments:
Dementia &
Confusion



Vision Loss



Hearing Loss

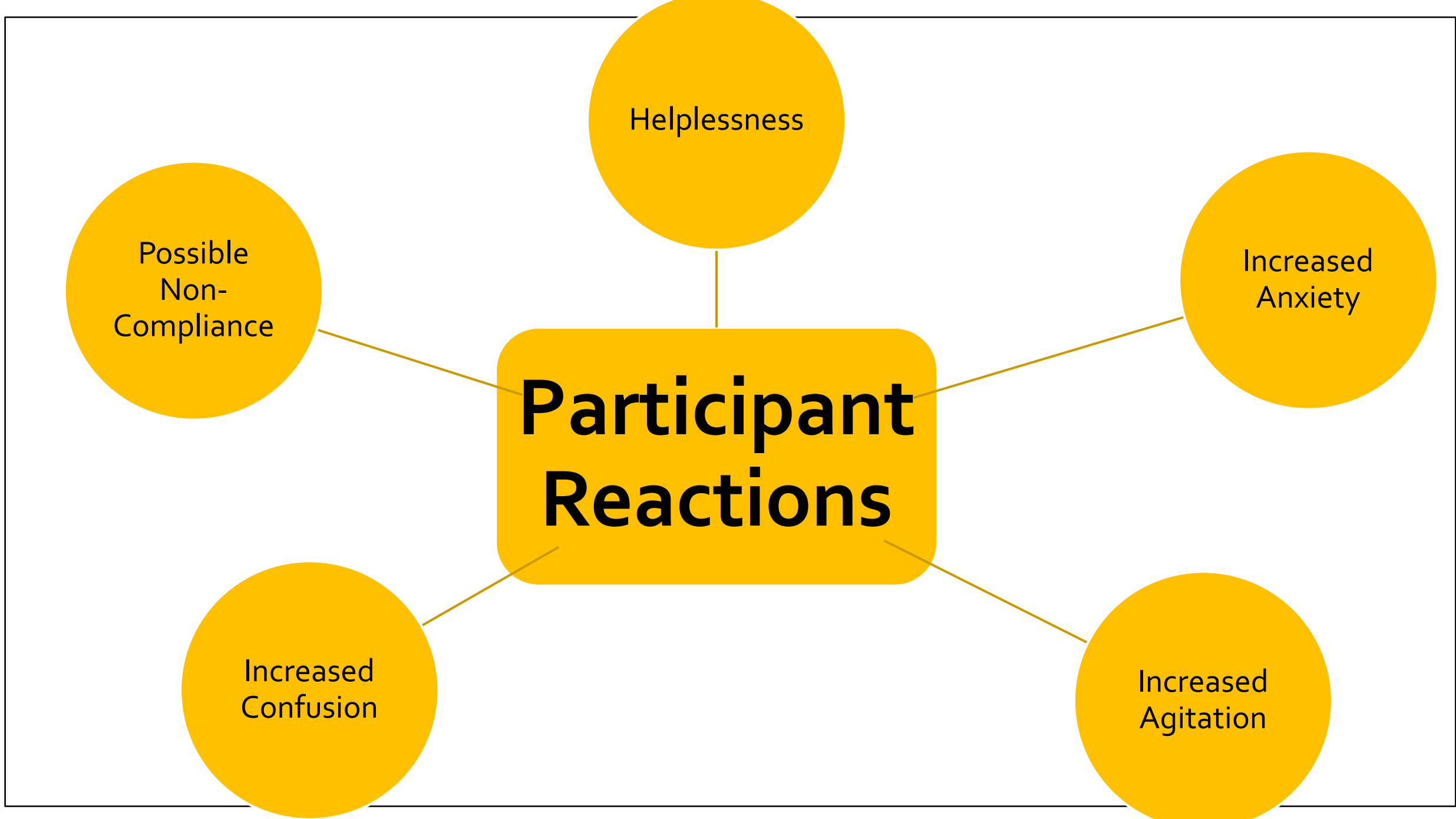


Physical
Impairments
(Wheelchairs/
Walkers/O₂)



Intellectual Disability





Helplessness

Increased Anxiety

Increased Agitation

Increased Confusion

Possible Non-Compliance

Participant Reactions

Emotional Health After the Disaster

Staff and participants will be emotionally impacted

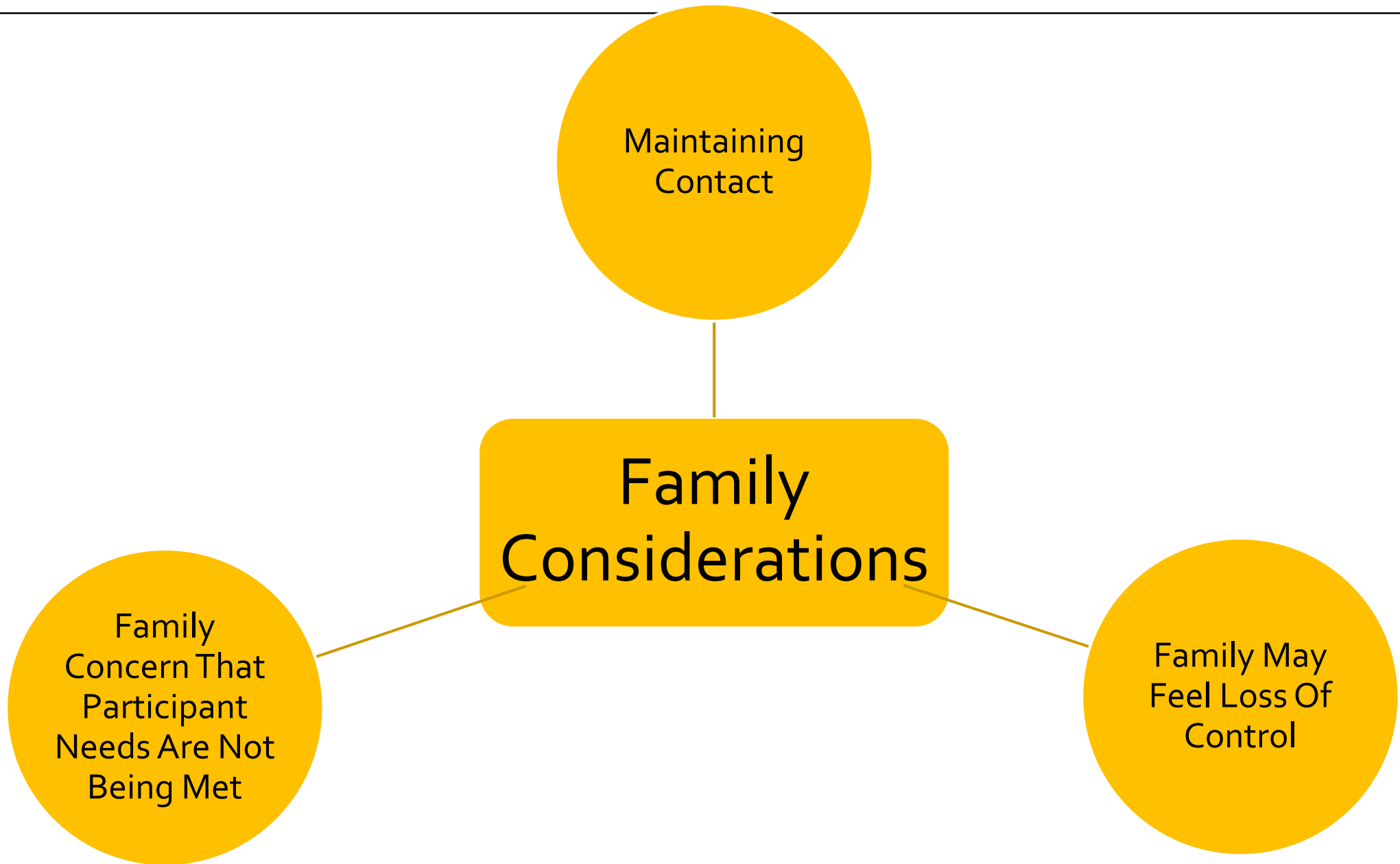
Know the signs of emotional stress

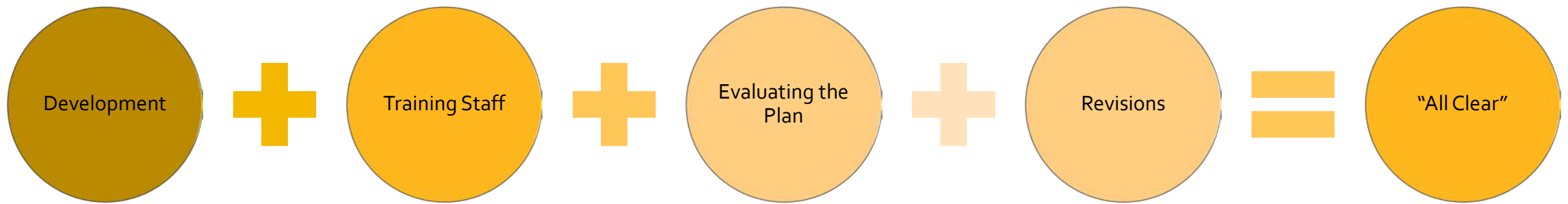
How to help

Dealing with an emergency can have serious mental health concerns

According to the Mayo Clinic, Post Traumatic Stress Disorder (PTSD) is a mental health condition that's triggered by a terrifying event – either experiencing it or witnessing it.

Symptoms may include flashbacks, nightmares and severe anxiety as well as uncontrollable thoughts about the event.





The Emergency Preparedness and Response Plan

“If you fail to plan, you are planning to fail”

Benjamin Franklin

Homework



Review your entire Emergency Preparedness Plan

Revision or re-writes are encouraged when and where necessary. Seek approval for the new plan

Consider ALL aspects of the Emergency preparedness plan for the Center including licensing, participants, family members, staff, volunteers, etc.

Now that you have completed the series

- Complete the Request Form listed at the website
- Following the certificate request, you must complete the required questions in order to receive your certificate
- All persons requesting a certificate will be cross-checked with the roster to ensure payment has been received. Someone will contact you if not.

What's Next

- Watch for future training opportunities from the VCU/DSS partnership
- Call us with questions at 804.828.1565
- Find us on Website :
- <http://www.sahp.vcu/gerontology/>
- Email: agingstudies@vcu.edu
- Be sure to “like” us on Facebook
- Facebook.com/vcugerontology

Feedback

- We would appreciate any and all feedback about this program as we work on our next webinar series.
- You have the opportunity to leave feedback via the evaluation form included after the certificate request form
- Please contact Jennifer Pryor with any questions at pryorjm@vcu.edu

Thank You and
keep up the great work!